

International **anamed** - workshop - meeting 2021 in Yumbe/Uganda near Bidibidi refugee settlements camp

Dear Friends,

We are pleased to see that more and more people are eager to share more about their knowledge in Natural Medicine, to produce medicine themselves, to study how to grow *Artemisia annua* even in difficult climates, to know how to use it for Malaria patients, how to combine it with Moringa to improve dramatically the health of AIDS patients - and also how to produce different soaps, Black stones, treatments for serious diseases like cholera, when no other medicine is available.....and we are pleased that so many people want to share all this experience with their friends!

Dates: March 07th -14th, 2021

Arrival of participants

Sunday 07th/March/2021. First meal at 7:00pm

Departure: Sunday 14th/March/2021 before or after breakfast.

Organizer: Christopher Nyakuni

Facilitators will be: Christopher Nyakuni Coordinator **anamed** Uganda and collaborators

Language: English

Registration: Contact Christopher Nyakuni +256775712246

Email:christophernyakuni@gmail.com

Venue for the Meeting: SPACE CENACLE LODONGA a catholic Guesthouse near Lodonga Minor Basilica Parish in Lodonga Town Council.

How to arrive to Lodonga.

Uganda: Participants from allover Uganda can easily come by bus to Lodonga. Please use Nile Star bus, or Baby Coach bus that goes to Yumbe but you tell them to drop you at Lodonga. There are also several daily flights from Entebbe to Arua . You proceed to Lodonga on taxi at a cost of 20,000Ugx.

Overseas: The cheapest way is to fly to Entebbe and there take the bus from Kampala to Lodonga. The more convenient way is to fly Entebbe to Arua (45 mins). Take a taxi to LodongaThe visa you can buy directly at the airport or at the border , around 50 USD. You need Yellow Fever vaccination card.

Please register as soon as possible, places are limited.

The cost: For people living in Africa (Africans or expatriates) 250 Euro; For people coming from outside Africa: 500 Euro. This fee includes food and accommodation, tuition, and all materials used during the workshop meeting, which include **anamed** books, paper and pens, plant material and materials for preparing medicines

Payment of the fee: If you come yourself, pay on arrival: In Euro, USD or Ushs according to the rate of the guesthouse. No cheques accepted!

If you live in Germany and you want to sponsor somebody by paying on a German bank account: contact Hans-Martin Hirt, and mention the name of the participant. This must be done at least 4 weeks before the workshop meeting starts. Dr. Hirt will not accept any other transfer except the workshop fee.

The following are important aspects of our workshop meetings:

1. Our emphasis on working at the grass-roots, encouraging and supporting local people in developing and extending the skills they already have.
2. We encourage herbalists and formal health workers such as doctors and nurses to work together. We help them to recognize the positive contribution that each makes, and encourage them to work out practical ways in which they can cooperate.
3. By introducing *Artemisia annua*, enabling herbalists, pastors, missionaries and health workers to become much more independent and successful in their treatment of malaria.
4. It is important that all participants have a commitment both to practising what they learn and to teaching others, for example by conducting a similar meeting in Natural Medicine themselves, at least for a weekend.
5. It must be made clear to all prospective participants that participants receive no fees for their attendance.
6. Transport costs must be met by the participants, their employer or sponsor.
7. All participants will work together in practical work and in establishing a garden. They must bring suitable clothes with them for such activities.
8. Participants must attend for the entire programme; to come only on some days is not acceptable.
9. Those participants who are Christians should bring with them a Bible. (Every day starts with an ecumenical devotion, participation in that is voluntary.)
10. All participants should bring plant material of five medicinal plants from their region.

After the workshop meeting, participants will be able to recognise at least 20 medicinal plants, to use and construct a solar oven, to produce different soaps, different medicinal oils and ointments, black stones for snake-bites....and, most important of all, will be able to treat Malaria effectively with medicinal plants like *Artemisia annua*. Each participant will be given some seeds and be taught how to grow this delicate plant.

N.B. For those of you coming from far, you may take the opportunity to stay e.g. 2 weeks or more, you can visit Bidibidi Refugee Settlements Camp to see and share life experience with. You can also as a support to the refugees sponsor one or two for this seminar.

We look forward to hearing from you! With best wishes, Yours sincerely,
Christopher Nyakuni, Coordinator anamed Uganda.

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Email: christophernyakuni@gmail.com

Anamed Uganda is a branch of **anamed international** (Action for Natural Medicine), the founder is Dr. Hans-Martin Hirt, Schafweide 77, 71364 Winnenden, Germany.
Email: anamedhmh@yahoo.de, Web: www.anamed.org

**ANAMED WORKSHOP MEETING ON NATURAL MEDICINE IN THE TROPICS
REGISTRATION FORM**

Name of Candidate: _____

Date of birth: _____

Qualification: _____

Occupation: _____

Organization: _____

Address: _____

Tel/Fax/Email: _____

Position occupying in the organization: _____

Describe briefly your duties: _____

Explain briefly the activities of your organization or your personal activities, its functioning and membership:

How do you think this training will be useful to your organization or to yourself?: _____

Participation Fees: _____,

Means of payment: _____